

Santa Cruz County

Local Listing for Tobacco Cessation and Education Resources

Bennett & Suzy Katz Cancer Resource Center Dominican Hospital

(831) 462-7770

1555 Soquel Dr.

Santa Cruz, CA 95065

Type of Service: One-on-one counseling; education/referral; support with oncology nurse for those wanting to quit smoking.

Nicotine Anonymous

(408) 236-2196

426 Melrose Ave.

Santa Cruz, CA 95062

Type of Service: 12-step support groups, Mondays & Fridays, 6:30pm.

Cost: Free.

Santa Cruz County Health Services Tobacco Program/Health Education

(831) 454-4141

1070 Emeline Ave.

Santa Cruz, CA 95060

Type of Service: Self-help guides; information & referrals.

Cost: Free.; Languages Served: English & Spanish.

Santa Cruz Medical Clinic

(831) 458-5859

2025 Soquel Dr.

Santa Cruz, CA 95062

Type of Service: Asthma support for adults with asthma or parents of children with asthma.

Cost: \$20 (free for Health Net & PacifiCare members).; Languages Served: English & Spanish.

Seventh Day Adventist Church Total Health Seminars

(831) 429-1442

1024 Cayuga St.

Santa Cruz, CA 95062

Type of Service: Smoke No More 4-week class.

Cost: \$40 for class.

The Diversity Center - Tobacco Free, LGBT, Santa Cruz County

(831) 425-5422

1117 Soquel Avenue

Santa Cruz, CA 95062

www.diversitycenter.org

Type of Service: The Last Drag - LGBT tobacco cessation classes run in 6-week sessions. Call for next start day. Self-help guide, literature & quit kit are also offered as free resources.

Cost: Free; Languages Served: English



California Smokers' Helpline
1-800-NO-BUTTS

Website: www.nobutts.org

English: 1-800-NO-BUTTS

TDD/TYY: 1-800-933-4TDD

Chew: 1-800-844-CHEW

Korean: 1-800-556-5564

Vietnamese: 1-800-778-8440

Chinese: 1-800-838-8917

Spanish: 1-800-45-NO-FUME